



Topic List for Course and Path Options*

Note: Always check with your organization's requirements to select the course path that meets your needs. If you are not familiar with your organizations requirements, Heartsaver Total covers the most comprehensive list of topics.

| Topic | Heartsaver Pediatric | Heartsaver Pediatric Total | Babysitter | Water Safety | Heartsaver 2015 |
|--|----------------------|----------------------------|------------------------------------|--------------|-----------------|
| | | | Recommended topics for these paths | | |
| CPR AED | | | | | |
| Introduction | ✓ | ✓ | ✓ | ✓ | ✓ |
| Child CPR AED [†] | ✓ | ✓ | ✓ | ✓ | ✓ |
| Infant CPR [†] | ✓ | ✓ | ✓ | ✓ | ✓ |
| Adult CPR AED [†] | Optional | Optional | Optional | Optional | Optional |
| Drug Overdose | Optional | Optional | Optional | Optional | Optional |
| Choking in Children, Infants, or Adults | ✓ | ✓ | ✓ | ✓ | ✓ |
| First Aid Basics | | | | | |
| Introduction to First Aid | ✓ | ✓ | ✓ | ✓ | ✓ |
| Assessing the Scene and Phoning for Help | ✓ | ✓ | ✓ | ✓ | ✓ |
| Universal Precautions, Exposure to Blood, and Removing Gloves [†] | ✓ | ✓ | ✓ | ✓ | ✓ |
| Washing Hands | ✓ | ✓ | ✓ | ✓ | ✓ |
| Finding the Problem [†] | ✓ | ✓ | ✓ | ✓ | ✓ |
| First Aid Medical Emergencies | | | | | |
| Allergic Reactions (administering an epinephrine injection [†]) | ✓ | ✓ | ✓ | ✓ | ✓ |
| Asthma | ✓ | ✓ | ✓ | ✓ | ✓ |
| Diabetes and Low Blood Sugar | Optional | ✓ | Optional | Optional | ✓ |
| Seizure | Optional | ✓ | Optional | Optional | ✓ |
| Heart Attack (video found in the CPR AED section, under Adult CPR AED) | ✓ | ✓ | ✓ | ✓ | ✓ |
| Stroke (video found in the CPR AED section, under Adult CPR AED) | ✓ | ✓ | ✓ | ✓ | ✓ |
| Fainting | Optional | ✓ | Optional | Optional | ✓ |

(continued)

| Topic | Heartsaver Pediatric | Heartsaver Pediatric Total | Babysitter | Water Safety | Heartsaver 2015 |
|---|----------------------|----------------------------|------------------------------------|--------------|-----------------|
| | | | Recommended topics for these paths | | |
| First Aid Injury Emergencies | | | | | |
| External Bleeding (controlling bleeding and bandaging[†]) | ✓ | ✓ | ✓ | ✓ | ✓ |
| Shock | Optional | ✓ | Optional | Optional | ✓ |
| Penetrating and Puncturing Injuries | Optional | ✓ | Optional | Optional | ✓ |
| Amputation | Optional | ✓ | ✓ | ✓ | ✓ |
| Bleeding From the Nose | Optional | ✓ | Optional | Optional | ✓ |
| Bleeding From the Mouth | Optional | ✓ | Optional | Optional | ✓ |
| Tooth Injuries | Optional | ✓ | Optional | Optional | ✓ |
| Eye Injuries | Optional | ✓ | Optional | Optional | ✓ |
| Internal Bleeding | ✓ | ✓ | ✓ | ✓ | ✓ |
| Concussions | Optional | ✓ | Optional | Optional | ✓ |
| Head, Neck, and Spine Injuries | Optional | ✓ | Optional | Optional | ✓ |
| Broken Bones and Sprains | Optional | ✓ | Optional | Optional | ✓ |
| Splinting | Optional | ✓ | Optional | Optional | ✓ |
| Burns and Electrical Injuries | Optional | ✓ | Optional | ✓ | ✓ |
| First Aid Environmental Emergencies | | | | | |
| Bites and Stings | Optional | ✓ | ✓ | ✓ | ✓ |
| Heat-Related Emergencies | Optional | ✓ | ✓ | Optional | ✓ |
| Cold-Related Emergencies | Optional | ✓ | ✓ | ✓ | ✓ |
| Poison Emergencies | Optional | ✓ | ✓ | ✓ | ✓ |
| Water Safety/ Drowning | Optional | ✓ | ✓ | ✓ | ✓ |
| Prevention | | | | | |
| Risks of Smoking and Vaping | Optional | ✓ | Optional | Optional | N/A |
| Benefits of a Healthy Lifestyle | Optional | ✓ | Optional | Optional | N/A |
| Preventing Illness and Injury | Optional | ✓ | Optional | Optional | ✓ |

*Topic groups vary by course or path.

[†]Topic requires a skills test.