

### **Multi-Regional Training Center**

#### **PALS Instructor Check List**

All boxes must be checked in order for your profile to be completed

☐ Cl	heck that all pages filled out completely, must have an email address
☐ Er	nter courses you taught in the MRTC database (4 Minimum)
$\square$ Pa	ny for MRTC biennial membership dues
☐ Si	gn and date last page
$\square$ Er	mail completed Profile Form to: SO-MRTCIPF@minnstate.edu

#### **Instructors**

Please note: the Minnesota State MRTC Instructor Profile Form should be used for any Instructor Certification classes. Section A of this form should be re-submitted whenever any personal information in Section A changes or you may access your information and change online yourself.

The completion of this form confirms that you have successfully completed your Instructor Course (initial or renewal) per the AHA standards.

Members of the Minnesota State MRTC, will receive an American Heart Association, Instructor card and a packet of materials from the MRTC regarding resources (website/database/online ordering, etc.).

If you are not currently a member but would like to join our Multi-Regional Training Center, please see the "Joining the MRTC" page in this form, or call 651-724-0796

Any missing information will delay the process of updating your instructor status and may lead ot suspension of account

#### **PALS Instructor Profile Form**

Minnesota State – Multi-Regional Training Center 30 7<sup>th</sup> St. E, Suite 350, Wells Fargo Place, St. Paul, MN 55101-7804 Office: 651-201-1795 Email IPFs to: SO-MRTCIPF@minnstate.edu

**Section A**: Instructor Profile Information—This section is for information on instructors applying for membership or who are renewing their membership with the Minnesota State MRTC. **Please complete and return Section A** any time this information changes or update on your database information page.

Applicants' Name:		MRTC Member #
Home Address:		AHA ID #
City:	_ State:	Zip Code:
County of Residence: Pre		*Must have an email address
Telephone Numbers: Home		Work
Employers' Name:		
Address:		City:
State: Zip Code:	F	Fax:
Year you started teaching PALS:		
Specialized Health Care Qualifications (R.N., L.	.P.N., EMT, etc	c.)
Last Date of last Renewal:	Instru	ctor Name:
PALS Essentials Course completion date (for	m attached if n	ew Instructor):

## PALS Instructor/Experienced Instructor Documentation Record $\underline{Section~B}$

**INSTRUCTIONS:** Submit this entire form as documentation that the applicant has successfully completed the Instructor course. Instructors must retain copies of all provider documents (i.e. roster forms, test scores, skill checklists and evaluation forms) for a minimum of three years.

Course Director:				
	Signature		Prin	nt Name
Physician Instructor*:			Da	ate of Course:
	Print Name			nte of Course Monitoring:
* If a physican was not in the	classroom, then	list name of physicia	an available for	consult during this course.
Requesting <b>AHA Instruct</b>	tor Card for:	PALS Instr	uctor	PALS Instructor Renewal
		☐ Training Ce	enter Faculty	
PALS Written Test Sco	ore:			
Skills:		Pass	☐ Fail	Remediate
				Remediation Plan:
Minimum Teaching	- Daguirama	anta.		
VIIIIIIIIIIII I CACIIIII	Keyun cinc	<u> </u>		
	<b>d on line</b> $\sqrt{\mathbf{h}}$ please list min	nere:  then imum required d	you do not lates taught (i	t need to list below.
Course:				
# of Students:		-		
L			)R-	
		-•	/K-	
				not need to list below. ght (if not online):
Instructor: 1) Date:		. 2)	3) _	4)
# of Students:				
01 200011101		-	<del></del> -	<del></del>

To enter classes online login <a href="http://mymrtc.org/">http://mymrtc.org/</a> then click "Enter Courses" in the navigation pane on the left.

#### Joining/Re-aligning with the MinnState Multi-Regional Training Center

**New/Renewing Instructors**: Complete this page of Instructor Profile Packet—and pay the bi-annual membership dues online. Your card, informational materials and receipt will be emailed upon receiving. Payment of the biennial \$60.00 membership dues can be made by one of three ways:

- A. Credit card payment: pay on our MRTC Online site (under the blue arrow).
- **B.** Check (please make checks payable to MinnState-MRTC, mail to address at bottom of page).
- C. Purchase Order include PO # and agency name here: #\_\_\_\_\_

\*Must have Credit Application to invoice/PO - if not a state agency.

To request an application and to send a copy of your PO, email SO-MRTCOnline@minnstate.edu

PER PAYMENT CARD REGULATIONS WE CAN ONLY ACCEPT CREDIT CARD TRANSACTIONS THRU OUR SECURED ONLINE ORDERING SYSTEM.

Home Browse Catalog Basket



Order your MRTC products securely online. Click TAXABLE or TAX EXEMPT below to get started.

The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of the fees for materials, do not represent income to the AHA.

I agree to adhere to Ameri policies, using appropriate		nd Minnesota State Multi-Regional Training Center uing certification cards.
Print Name	Signature	Date
**************************************	********	**************************************
Form of Payment: Check Cash Credit	x # Na t Card (Type):	me on Check
Date receipt sent:	Initials:	Date IPF to MRTC Asst.:

Minnesota State

#### **Multi-Regional Training Center**

30 7th St., E., Suite 350, St. Paul, MN 55101-7804

Office: 651-201-1795 Email: SO-MRTCOnline@minnstate.edu

#### Pediatric Advanced Life Support

### Child CPR and AED Skills Testing Checklist





Student Name		Date of	Test		
Hospital Scenario: "You are workin You check that the scene is safe a Prehospital Scenario: "You arrive of approach the scene and ensure th	nd then approach the pa on the scene for a child v	atient. Demonstrate what y who is not breathing. No by:	ou would do stander CPR	next."	-
Assessment and Activation  Checks responsiveness  Checks breathing	☐ Shouts for help/Ac ☐ Checks pulse	tivates emergency respons	se system/S	ends for AEC	
Once student shouts for help, inst	ructor says, "Here's the	barrier device. I am going to	get the AEI	D."	
Cycle 1 of CPR (30:2) *CPR fee Child Compressions Performs high-quality compee the term of	oressions*: alf of sternum than 15 and no more tha ird the depth of the ches compression er device: cond breath	an 18 seconds			
Resumes compressions in least the second secon	ess than 10 seconds				
Cycle 2 of CPR (repeats steps  Compressions Breat		k box if step is successful apressions in less than 10 s		d	
Rescuer 2 says, "Here is the AED. I	'Il take over compressio	ns, and you use the AED."			
AED (follows prompts of AED)  Powers on AED Corre Safely delivers a shock	ctlyattaches pads	☐ Clears for analysis	□ Clears t	o safely deliv	er a shock
Resumes Compressions  Ensures compressions are r Student directs instructor Student resumes compres	to resume compression				
	STO	OP TEST			
Place a check in the box next to lifthe student does not complemust receive remediation. Makinformation about remediation.	ete all steps successfully ke a note here of which s	y (as indicated by at least 1			
Test Results Check PASS or	NR to indicate pass or i	needs remediation:		PASS	□NR
Instructor initials Ins	structor Number	D	ate		

#### Pediatric Advanced Life Support Infant CPR Skills Testing Checklist (1 of 2)





Student Name		Date of	of Test
shouts, 'Help me! My baby's not b emergency response system and	reathing.' You have glo to get the emergency on the scene for an in	oves and a pocket mask. You y equipment." fant who is not breathing. No	gh the door, carrying an infant. She u send your coworker to activate the o bystander CPR has been provided. next."
Assessment and Activation  Checks responsiveness  Checks breathing	☐ Shouts for help//☐ Checks pulse	Activates emergency respo	nse system
Once student shouts for help, inst	tructor says, "Here's ti	he barrier device."	
Cycle 1 of CPR (30:2) *CPR f Infant Compressions  Performs high-quality compound in the Placement of 2 fingers or 2 30 compressions in no less Compresses at least one the Complete recoil after each Infant Breaths  Gives 2 breaths with a barrie Each breath given over 1 see Visible chest rise with each Resumes compressions in I	pressions*: thumbs in the center than 15 and no more lird the depth of the cl compression er device: econd breath	of the chest, just below the than 18 seconds	
Cycle 2 of CPR (repeats steps  ☐ Compressions ☐ Breat	50.00 (1955) 왕 (1950) 15 (1950) 15 (1950) 15 (1950) 15 (1950) 15 (1950) 15 (1950) 15 (1950) 15 (1950) 15 (1950)	eck box if step is successfo compressions in less than 10	생물을 가는 사람들이 살아가면 하는 사람이 되었다면 하는 것이 되었다면 하는 것이 없는 것이 없다면 하는 것이다.
			tinues compressions with 2 thumb-
Powers on AED Correl Safely delivers a shock Rescuer 1: Infant Compressio Performs high-quality comp 15 compressions with 2 thu 15 compressions in no less Compress at least one third Complete recoil after each of Rescuer 2: Infant Breaths	oressions*: mb-encircling hands than 7 and no more th the depth of the ches	nan 9 seconds	☐ Clears to safely deliver a shock
This rescuer is not evaluated.			

(continued)

#### Pediatric Advanced Life Support Infant CPR Skills Testing Checklist (2 of 2)





Student Name	Date of Test
(continued)	
Cycle 4 of CPR	
Rescuer 2: Infant Compressions	
This rescuer is not evaluated.	
Rescuer 1: Infant Breaths	
☐ Gives 2 breaths with a bag-mask device:	
Each breath given over 1 second	
Visible chest rise with each breath	
Resumes compressions in less than 10 seconds	
STOPTEST	
Instructor Notes	
<ul> <li>Place a check in the box next to each step the student completes</li> <li>If the student does not complete all steps successfully (as indicat must receive remediation. Make a note here of which skills require information about remediation).</li> </ul>	ed by at least 1 blank check box), the student
Test Results Check PASS or NR to indicate pass or needs reme	ediation: PASS NR
Instructor Initials Instructor Number	Date

### Airway Management Skills Station Competency Checklist





Student Name Date of Test		
Critical Performance Steps	Check if correct	
<ul> <li>Verbalizes difference between high-flow and low-flow O₂ delivery systems</li> <li>High flow: O₂ flow exceeds patient inspiratory flow, preventing entrainment of room air if system is tight-fitting; delivers nearly 1.00 FlO₂, eg, nonrebreathing mask with reservoir, high-flow nasal cannula</li> <li>Low flow (≤10 L/min): patient inspiratory flow exceeds O₂ flow, allowing entrainment of room air; delivers 0.22 to 0.60 FlO₂, eg, standard nasal cannula, simple O₂ mask</li> </ul>	41	
Verbalizes maximum nasal cannula flow rate for standard nasal cannula (4 L/min)		
Opens airway by using head tilt-chin lift maneuver while keeping mouth open (jaw thrust for trauma victim)		
Verbalizes different indications for OPA and NPA  OPA only for unconscious victim without a gag reflex NPA for conscious or semiconscious victim		
Selects correctly sized airway by measuring  OPA from corner of mouth to angle of mandible		
Inserts OPA correctly		
Verbalizes assessment for adequate breathing after insertion of OPA		
Suctions with OPA in place; states suctioning not to exceed 10 seconds		
Selects correct mask size for ventilation		
Assembles bag-mask device, opens airway, and creates seal by using E-C clamp technique		
With bag-mask device, gives 1 breath every 2 to 3 seconds for 30 seconds. Gives each breath in approximately 1 second; each breath should cause chest rise		
<ul> <li>Endotracheal Intubation</li> <li>States equipment needed for endotracheal (ET) tube intubation procedure</li> <li>Demonstrates technique to confirm proper ET tube placement by physical exam and by using an exhaled CO₂ device</li> <li>Secures ET tube</li> <li>Suctions with ET tube in place</li> </ul>		
The following steps are optional. They are demonstrated and evaluated only when the student's scope of practice involves ET intubation.	N. S. II	
Endotracheal Intubation     Prepares equipment for ET intubation     Inserts ET tube correctly		
STOP TEST		
<ul> <li>Instructor Notes</li> <li>Place a check in the box next to each step the student completes successfully.</li> <li>If the student does not complete all steps successfully (as indicated by at least 1 blank check box) receive remediation. Make a note here of which skills require remediation (refer to instructor manu about remediation).</li> </ul>		
Test Results Check PASS or NR to indicate pass or needs remediation:	PASS	] NR
Instructor Initials Instructor Number Date		

# Rhythm Disturbances/ Electrical Therapy Skills Station Competency Checklist





Student Name	Date of	f Test		
Critical Perfor	mance Steps	STAR ST		if done rectly
Applies 3 ECG leads correctly (or local equipment)  Negative (white) lead: to right shoulder  Positive (red) lead: to left lower ribs  Ground (black, green, brown) lead: to left should		*		,
Demonstrates correct operation of monitor  Turns monitor on  Adjusts device to manual mode (not AED mode (I, II, III) or paddles/electrode pads	e) to display rhythm in standard lim	nb leads		
Verbalizes correct electrical therapy for appropria     Synchronized cardioversion for unstable SVT, \     Defibrillation for pulseless VT, VF	•			
Selects correct paddle/electrode pad for infant or correct position	r child; places paddles/electrode p	oads in		
Demonstrates correct and safe synchronized care Places device in synchronized mode Selects appropriate energy (0.5 to 1 J/kg for incomplete the control of				
Demonstrates correct and safe manual defibrillat Places device in unsynchronized mode Selects energy (2 to 4 J/kg for initial shock) Charges, clears, delivers current	ion			
	STOP TEST			
<ul> <li>Instructor Notes</li> <li>Place a check in the box next to each step the step.</li> <li>If the student does not complete all steps succereceive remediation. Make a note here of which sabout remediation).</li> </ul>	ssfully (as indicated by at least 1 bl			
Test Results Check PASS or NR to indicate pa	ss or needs remediation:		PASS	□NR
Instructor Initials Instructor Number	Dat	te		

#### Vascular Access Skills Station Competency Checklist





Student Name_	Date of Test		
Milita.	Critical Performance Steps		k if done rrectly
Verbalizes indi	cations for IO insertion		
Verbalizes site iliac spine)	s for IO insertion (anterior tibia, distal femur, medial malleolus, anterior-superior		
Fracture in 6	ertion attempt in the same bone		
Inserts IO cath	neter safely		He was
Verbalizes hov	v to confirm IO catheter is in correct position; verbalizes how to secure IO cathet	er	
Attaches IV lin and syringe	e to IO catheter; demonstrates giving IO fluid bolus by using 3-way stopcock		
Shows how to other resource	determine correct drug doses by using a color-coded length-based tape or		
The following	is optional:	A STATE	
Verbalizes cor	rect procedure for establishing IV access		
	STOP TEST		
If the student	k in the box next to each step the student completes successfully. t does not complete all steps successfully (as indicated by at least 1 blank check be ediation. Make a note here of which skills require remediation (refer to instructor ma		
Test Results	Check PASS or NR to indicate pass or needs remediation:	PASS	□NR
Instructor Initia	ls Instructor Number Date		



**Instructions**: Training Faculty (TF) should use this form to assess the competencies of instructor candidates and renewing instructors. For each competency, there are several indicators or behaviors that the instructor may exhibit to demonstrate competency.

To be used in conjunction with the Instructor/TF Renewal Checklist.

#### Role of the TF Observer:

The role of the TF observer for this monitoring is to observe only. Debriefing or correcting the instructor during the course should be avoided. If critical components are not being completed, contact the TC Coordinator or Course Director outside the classroom setting immediately.

#### **Evaluating the Critical Actions:**

The following questions are critical actions required for a successful course. Each item is written to maximize the objectivity and minimize the subjectivity of the evaluator. For each item, mark one of the following:

**Yes** for items present or completed if there are no required changes for improvement.

There may be recommendations for improvement and comments but no required

changes.

Yes with req. (Yes with requirements) for items that were completed but *changes are required* 

for full compliance. Fill in the comment box with the required change and rationale.

**No** if the required action was not done or was done incorrectly. **Not Observed** for items the observer did not witness during monitoring.

General information for the indiv		ECTION 1: course being	observed.		
Instructor or instructor candidate na	me:				
Instructor ID #:	Instructor card expiration date:				
Course reviewed: ☐ Heartsaver®	□ BLS	□ ACLS	□ ACLS	EP □ PALS	□ PEARS®
Purpose of review: ☐ Initial applie	cation	☐ Instructor	renewal	☐ Remediation	n
SI Instructor competencies and ind	ECTION 2: icators. Ob		F in a class	setting.	
Course Delivery: Presents AHA co		•			la and
2.1 Delivers all core content cor Plans, and agenda	nsistent with	n AHA publisl	ned guideli	nes, Instructor Ma	nual, Lesson
Yes	Yes with rec	<b>l</b> . I	No	Not observed	
0	3	(	<b>5</b>	3	
Reviewer's comments:					



Yes	Yes with req	No O	Not observed
Reviewer's commen	ts:		
Allows adequate tim	ne for content delivery, ski	lls practice, and	l debriefing
Yes	Yes with req	No	Not observed
O	•	•	•
Reviewer's commen	ts:		
Promotes retention b	by reinforcing key points		
Yes	Yes with req	No	Not observed
•	O	O	O
Reviewer's commen	ts:		
Delivers course in a	safe and nonthreatening n	nanner	
Yes	Yes with req	No	Not observed
•	O	O	O
Reviewer's commen	ts:		
Relates course mater	rial to audience (prehospit	al or in-facility	)
Yes	Yes with req	No	Not observed
•	<b>O</b>	•	O
Reviewer's commen	ts:		
Effectively operates	technology used in the co	urse	
Directively operates	**	No	Not observed
Yes	Yes with req	110	1100 00001 100
	Yes with req	O	O



	Yes O	Yes with req	No O	Not observed		
	Reviewer's comments:					
9	Accommodates students who have disabilities and other special needs					
	Yes	Yes with req	No O	Not observed		
	Reviewer's commen	ats:				
10	Provides timely and appropriate feedback to students					
	Yes	Yes with req	No	Not observed		
	Reviewer's commen	ats:	•	9		
11	Uses principles of effective team dynamics during small group activities					
	Yes	Yes with req	No	Not observed		
	Reviewer's commen	onts:	<b>J</b>	3		
12	Facilitates debriefings after scenarios to improve individual and team performance					
	Yes <b>O</b>	Yes with req	No O	Not observed		
	Reviewer's comments:					
vide	es remediation when	needed to consolidate lear	ning	against performance guidelines		
	Yes	Yes with req	No	Not observed		
	$\mathbf{O}$	$\mathbf{O}$	$\mathbf{O}$	$\cup$		



	Yes O	Yes with req	No O	Not observed O				
	Reviewer's comme	nts:						
2.15	Provides remediation by directing students to reference material and by providing additional practice opportunities							
	Yes	Yes with req	No	Not observed				
	Reviewer's comme	nts:	3	3				
2.16	Retests students wh	nen indicated						
	Yes	Yes with req	No	Not observed				
	0	J	0	O				
	Reviewer's comme	Reviewer's comments:						
		_	-	lism when representing the	ΔΗΔ			
-	Demonstrates profe	essional behavior in physical commitment, compassion, a						
-	Demonstrates profe			Not observed				
-	Demonstrates profet honesty, integrity, c	Yes with req	nd respect					
2.17	Demonstrates profethonesty, integrity, of Yes O Reviewer's comme	Yes with req	No O	Not observed				
2.17	Demonstrates profethonesty, integrity, of Yes O Reviewer's comme	Yes with req O nts:	No O	Not observed				



2.19	Recognizes and appropriately responds to ethical issues encountered in training						
	Yes O	Yes with req	No O	Not observed			
	Reviewer's comments	:					
2.20	Maintains student confidentiality when appropriate						
	Yes O	Yes with req	No O	Not observed O			
	Reviewer's comments	:					
Overal	ll comments from TF o	bserver:			_		
D							
	w completed: Successful						
_							
	Remediation needed						
	Comment:						
	Unsuccessful						
	Comment:						
TF	name:						
TF	signature:		Date:				

### SECTION 3: Review of candidate or instructor. To be completed by TC Coordinator.

Review of candidate of histractor. To be completed by TC Coordinator.				
I have reviewed the Instructor Monitor Tool with my TO reviewed with me. Overall comments from monitored ca	· • • • • • • • • • • • • • • • • • • •			
Candidate or instructor name:				
Candidate or instructor signature:	Date:			
TC Coordinator name:				
TC Coordinator signature:	Date:			