

MINNESOTA STATE COLLEGES AND
UNIVERSITIES*
ARTICULATION AGREEMENT
BETWEEN

Anoka Ramsey Community College
AND
WINONA STATE UNIVERSITY

*The Board of Trustees of the Minnesota State Colleges and Universities is authorized by Minnesota Statutes, Chapter 136F to enter into Agreements and has delegated this authority to colleges and universities.

This Agreement is entered into between Anoka Ramsey Community College (hereinafter sending institution), and Winona State University (hereinafter receiving institution). This Agreement and any amendments and supplements shall be interpreted pursuant to the laws of the State of Minnesota.

The sending institution has established **Integrative Health and Wellness Coaching AS degree program** (hereinafter sending program), and the receiving institution has established a **Healthcare Leadership and Administration – Health and Wellness Management, BAS** (hereinafter receiving program), and will facilitate credit transfer and provide a smooth transition from one related program to another. It is mutually agreed:

Admission and Graduation Requirements

- A. The receiving institution's admission and program admission requirements apply to both direct entry students and to students who transfer under this agreement.
- B. Students must fulfill the graduation requirements at both institutions.
- C. Students must complete the entire sending program and meet the receiving institution's admission requirements for the agreement to apply.

Transfer of Credits

- A. The receiving institution will accept 60 credits from the sending program. A total of 60 credits remain to complete the receiving program.
- B. Courses will transfer as described in the attached Program Articulation Table. For system institutions, once the courses are encoded, they will transfer as described in the Transferology Audit.

Implementation and Review

- A. The Chief Academic Officers or designees of the parties to this agreement will implement the terms of this agreement, including identifying and incorporating any changes into subsequent agreements, assuring compliance with system policy, procedure and guidelines, and conducting a periodic review of this agreement.
- B. This Articulation Agreement is effective on 11/01/2020 and shall remain in effect until the end date of 11/01/2025 or for five years, whichever occurs first, unless terminated or amended by either party with 90 days prior written notice.
- C. The college and university shall work with students to resolve the transfer of courses should changes to either program occur while the agreement is in effect.
- D. This Articulation Agreement will be reviewed by both parties beginning mm/dd/yyyy (within six months of the end date).
- E. When a student notifies the receiving institution of their intent to follow this agreement, the receiving institution will encode course waivers and substitutions.

PROGRAM ARTICULATION TABLE

	College (sending)	University (receiving)
Institution	Anoka Ramsey Community College	Winona State University
Program name	Integrative Health and Wellness Coaching	HLA: Health and Wellness Management
Award Type (e.g., AS)	AS	BAS
Credit Length	60 cr. hr.	120 cr. hr.
CIP code (6-digit)		51.0701
Describe program admission requirements (if any)		<ul style="list-style-type: none"> • AAS, AS, OR AA degree required • 60+ credits (junior/senior standing) • Completion of WSU (GEP) Goal 1 • Must meet WSU application requirements

Instructions

- List all required courses in both academic programs.
- MnTC goal areas transfer to the receiving institution according to the goal areas designated by the sending institution.
- Do not indicate a goal area for general education courses that are not part of the MnTC.
- For restricted or unrestricted electives, list number of credits.
- Credits applied: the receiving institution course credit amount may be more or less than the sending institution credit amount. Enter the number of credits that the receiving institution will apply toward degree completion.
- Show equivalent university-college courses on the same row to ensure accurate DARS encoding.
- Equiv/Sub/Wav column: If a course is to be encoded as equivalent, enter Equiv. If a course is to be accepted by the university as a "substitution" only for the purposes of this agreement, enter Sub. If a course requirement is waived by the receiving institution, enter Wav. If a course is to be accepted by the university as a MnTC goal area, restricted elective or unrestricted elective, leave the cell blank.

(To add rows, place cursor outside of the end of a row and press enter.)

SECTION A - Minnesota Transfer Curriculum-General Education

College (sending)			University (receiving)			
course prefix, number and name	Goal(s) ¹	Credits	course prefix, number and name	Goal(s) ¹	Credits Applied	Equip Sub Wav
Minnesota Transfer Curriculum-General Education						
ENGL 1120 or ENGL 1121	1,2	4	ENG 111 College Reading/Writing	1,2	4	Equiv
CMST 2220 Interpersonal Communication	1,2	3	MnTC Elective	1,2	3	Equiv
MnTC Goal 3 w/ lab	3	4	MnTC Goal 3	3	4	Equiv
MnTC Goal 4	4	4	MnTC Goal 4	4	4	Equiv
PSYC 1110 General Psychology	5,7	4	PSY 210 Intro to Psych	5,7	4	Equiv
PSYC 1145 Positive Psychology	5	3	MnTC Goal 5	5	3	Equiv
INTS 1200 Intro to Diversity Studies	6,7	3	MnTC Elective	6,7	3	Equiv
MUSC 2135 Music Therapy	6	2	MnTC Elective	6	2	Equiv
ANTH 2201 (Intro to Cultural Anthropology) or SOC 1111 (General Sociology)	5,8 or 5,2	3	SOC 340 or SOC 150	5 (2/8)	3	Equiv
MnTC/General Education Total		30				

Special Notes, if any: General Education courses must be MnTC in order to transfer. WSU will accept other MnTC credits and will transfer the same number of credits and goal areas as Anoka Ramsey Community College awards. Students should work with their advisor at both institutions to choose the best general education courses to take at Anoka Ramsey Community College.

SECTION B - Major, Emphasis, Restricted and Unrestricted Electives or Other

(pre-requisite courses, required core courses, required courses in an emphasis, or electives (restricted or general) within the major). Restricted electives (in Major) fulfill a specific requirement within a major. Example A: "Chose two of the following three courses;" Example B: A Biology degree may require 40 science credits (20 credits of required courses + 20 credits of listed related courses, such as botany, genetics, sociobiology, etc. which students can select).

Major, Emphasis, Restricted, Unrestricted Electives or Other Courses				
IHH 1100 Into to Holistic Health	3	Elective	2	
IHH 1103 Movement and Body Manipulation Therapies	3	Elective	3	
IHH 2101 Mind/Body Connections	3	Elective	3	
IHH 2102 Food as Medicine	3	Elective	3	
IHH 2103 Spirituality and Healing	3	Elective	3	
IHH 2105 Basics in Business and Ethics	3	Elective	3	
IHH 2104 Health and Wellness Coaching Skills	2	HLA 449 Appreciative Coaching	2	Sub
IHH 2204 Advanced Coaching Skills for a Diverse World	3	Elective	3	
IHH 2297 Internship	3	Elective	3	
HPER 1120 Wellness for Life	4	HLA 310 Fundamentals of Health and Wellness (PDW)	4	Sub
Major, Emphasis, Unrestricted Electives Total		30	Total College Credits Applied (sum of sections A and B)	
			60	

SECTION C - Remaining University (receiving) Requirements

	course prefix, number and name	Credits
	MnTC Option Meeting Goal 3	3
	MnTC Options Meeting Goal 6 (and 8-10 as needed)	7
	MnTC Option for Goal 5 (and 8-10 as needed)	3
	HLA 300 Foundations	2
	HLA 301 Statistical Thinking	3

¹ MnTC goal areas transfer to the receiving MnSCU college/university according to the goal areas designated by the sending college/university

	HLA 302 Introduction to Analytical Trends	1
	HLA 311 Data Science	3
	HLA 315 Promoting Wellness	3
	HLA 312 Public Health Principles and Practices	3
	HLA 402 Lifestyle Medicine	3
	HLA 415 Grant Writing	3
	HLA 420 Designing Wellness Programs	3
	HLA 422 Capstone	3
	HLA 430 Survey of Health/Fitness Technology	3
	HLA 435 Managing for Quality in Healthcare	3
	HLA 443 Leadership and Team Development	3
	HLA 444 Change Leadership	3
	HLA 452 Financial Resources Management	3
	HADM 317 Management of Human Resources	3
	HADM 441 Healthcare Law and Ethics	2
	Total Remaining University Credits²	60
Special Notes, if any:		

SECTION D - Summary of Total Program Credits			
College (sending) Credits		University (receiving) Requirements	
MnTC/General Education	30		
Major, Emphasis, Unrestricted Electives or Other	30		
Total College Credits	60	Total College Credits Applied	60
		Remaining credit to be taken at the university (receiving institution)	60
		Total Program Credits	120
Special Notes, if any:			
Winona State University requires:			
<ul style="list-style-type: none"> • A minimum of 30 credits during the junior/senior year combined must be completed at Winona State University. • At least 40 of the required credits for the baccalaureate degree shall be at the 300-400 level. • Completion of MnTC Goals 1-10 and 2 credits of Physical Development and Wellness required for this degree. • A cumulative GPA of 2.50 is required in the HWM major and a minimum of a 2.00 GPA is required overall. 			

² At least 40 of the required credits for the baccalaureate degree shall be at the upper-division level. If a lower division course is shown as equivalent to an upper division course, check with the university to determine if it will count toward the 40 required credits of upper division.

College	Name	Signature	Date
Chief Academic Officer	Steve Crittenden	<i>Steve Crittenden</i>	9/8/21
Dean of Allied Health & Nursing Title	Sandra Kohler	<i>S Kohler SK</i>	9.8.21
University	Name	Signature	Date
Chief Academic Officer	Darrell Newton	<i>Darrell Newton</i>	9/9/21
Title			
DARS Encoder	Jami Koivisto	<i>Jami Koivisto</i>	09/09/21
Date when equivalencies were verified/encoded in DARS by the receiving MnSCU institution.			