



# AHA Directive: Use of Feedback Devices in Adult CPR Training

Dear AHA Training Centers & Instructors,

By **January 31, 2019**, the AHA will require the use of an instrumented directive feedback device or manikin in all AHA courses that teach the skills of adult CPR. This requirement will impact AHA BLS, ACLS, ACLS for Experienced Providers, and Heartsaver® Courses.

To read the full directive and access related tools and resources, please visit the [AHA Instructor Network at Additional Tools>Training Updates](#) (login required).

Because the AHA recognizes this future requirement may have budgetary and logistical impact on some AHA Training Centers, we are providing more than 16-months' notice to allow adequate time to research, identify, and incorporate device solutions.

## **Why is this change being made?**

The [2015 AHA Guidelines Update for CPR and ECC](#) highlighted research showing the benefit of feedback devices that provide learners with real-time, audio-visual corrective feedback on aspects such as chest compression rate, depth, and recoil.

Specific and targeted feedback is critical to students understanding and delivering high-quality CPR when faced with a cardiac emergency. Incorporating feedback devices into adult CPR courses improves the quality and consistency of CPR training, which increases the chance of a successful outcome when CPR is performed.

## **What is an instrumented directive feedback device?**

Specifically, an *instrumented directive feedback device or manikin* is one that, at a minimum, provides audio or visual (or both) feedback on the rate and depth of compressions during CPR training. More information, as well as specifics on feedback devices in CPR training are available on the [AHA Instructor Network at Additional Tools>Training Updates](#).

## **Information & Resources for AHA Training Centers & Instructors**

The AHA is committed to providing you information and resources to assist you in making this transition, if your Training Center is not already using feedback devices in its courses. On the [AHA Instructor Network at Additional Tools>Training Updates](#), you will find: the full, official directive; specifics on feedback devices for CPR training; frequently asked questions; and a bibliography of research on the use of feedback devices in CPR training.

CPR saves lives, and ensuring the AHA's courses provide the necessary, correctly performed skills gives healthcare providers and others trained in CPR confidence and empowers them to help in doubling survival rates from cardiac arrest by 2020.

We thank you for your continued commitment to the AHA mission of saving lives.

Sincerely,  
AHA CPR & ECC